

FDG 正電子電腦掃描檢查注意事項

一般資料

正電子掃描 (PET) 利用放射性物質偵測身體組織的代謝情況。結合電腦掃描技術 (CT)，正電子電腦掃描 (PET-CT) 能為病人提供結構及功能性資訊。

檢查須知

1. 掃描前 **6 小時**開始禁食 (包括糖果及香口膠)，可飲用清水。
2. 掃描前請盡量多飲清水。
3. 掃描前 **24 小時**用餐應輕怡，避免飲用或進食含咖啡因、酒精或尼古丁的產品。
4. 掃描前 **24 小時**不能運動或提取重物。
5. 掃描前 **3 日**請停止服用中藥，例如靈芝。
6. 掃描前 **10 日**不可以接受任何鋇餐造影檢查。
7. 糖尿病病人須知: 在禁食期間不應服用糖尿病藥物或注射胰島素，但應隨身帶備。
8. 需接受電腦斷層掃描顯影劑病人的預備:
 - i. 如病人曾對顯影劑過敏，請依從指示預服防敏感藥物。
9. 女性病人必須確定沒有懷孕。

個人物品

1. 香港身份證或旅行證件 / 出生證明。
2. 請帶同醫生的轉介信 / 檢查表格。
3. 如有相關的**舊報告、影像舊片及光碟**請一併帶同。

備註

1. 如欲取消預約或改期，請於檢查日期前一天下午 **4 點正**前致電並通知本中心職員。若病人缺席檢查而未作預早通知，本中心保留向病人追討檢查藥物成本之權利。
2. 若於家中出現注射後併發症，請於辦公時間內致電 **2153 9347**。如併發症出現在辦公時間外，請向急症部門求助。

INSTRUCTION FOR FDG PET-CT

General Information

Positron emission tomography (PET) uses a radioactive substance to show the metabolic activity of tissues whilst the computed tomography (CT) provides structural information.

Preparation

1. Fast for **6 hours** before your appointment time. No food, chewing gum and candies. Water is allowed.
2. Try to drink more water before the examination.
3. No caffeine, alcohol, nicotine products and low-carbohydrate diet 24 hours before exam.
4. No vigorous exercise or lifting heaving objects 24 hours before PET examination.
5. No Chinese medicine such as Lingzhi 3 days before PET examination.
6. No Barium study for 10 days before PET examination.
7. For diabetic patients, do not take diabetes drugs or insulin injection during fasting and bring along the drugs to the clinic.
8. Additional patient preparation when intravenous contrast medium for CT scan is needed:
 - i. If you have previous reaction to contrast medium, you may need to follow the instruction for steroid cover before CT scan.
9. Female patient must not be pregnant.

Personal Belongings

1. Hong Kong ID card / travel document.
2. Please bring with you the request form and/or referral letter.
3. Please bring **previous reports / films / CD / DVD** for comparison if available.

Remarks

1. For cancellation or re-scheduling of the appointment, please notify us before **4 p.m.** on the day prior to your exam scheduled date. Otherwise, our clinic reserves the right to pursue the claim of the drug cost albeit your absence.
2. Please contact us during our office hours at 2153 9347 if any complication concerning the injection arises at home. If it happens outside office hours, please seek medical advice from accident and emergency department.

¹⁸F-PSMA 正電子電腦掃描檢查注意事項

一般資料

PSMA PET-CT 是一種前列腺癌的影像診斷手段，對前列腺癌具有極高的敏感性和特異性。PSMA (Prostate Specific Membrane Antigen) 的全稱為前列腺特異性膜抗原，它是一種細胞表面蛋白並常出現於前列腺癌細胞中；利用結合了正電子放射核素的 PSMA，PET-CT 能夠有效偵測及診斷前列腺癌。

檢查須知

1. 掃描前 10 日不可以接受任何鋇餐造影檢查。
2. 掃描前請盡量多飲清水。
3. 需接受電腦斷層掃描顯影劑病人的預備：
 - i. 於檢查前可以輕食。
 - ii. 如病人曾對顯影劑過敏，請依從指示預服防敏感藥物。

個人物品

1. 請攜帶香港身份證或旅行證件或出生證明。
2. 請帶同醫生的轉介信 / 檢查表格。
3. 如有相關的**舊報告、影像舊片及光碟**請一併帶同。

備註

1. 如欲取消預約或改期，請於檢查日期前一天下午 **4 點正**前致電並通知本中心職員。若病人缺席檢查而未作預早通知，本中心保留向病人追討檢查藥物成本之權利。
2. 若於家中出現注射後併發症，請於辦公時間內致電 2153 9347。如併發症出現在辦公時間外，請向急症部門求助。

INSTRUCTION FOR ^{18}F -PSMA PET-CT

General Information

PSMA-PET produces favorable sensitivity and specificity for detecting prostate cancer. PSMA stands for Prostate Specific Membrane Antigen and is a cell surface protein with significantly increased expression in prostate cancer cells. The PSMA is labelled with a positron emitting radioactive substance. When this compound is injected, it will bind to any cells in the body which express PSMA on their surface and the accumulation location in body can then be localized with the PET-CT scanner.

Preparation

1. No Barium study for 10 days before PET examination.
2. Try to drink more water before the examination.
3. Additional patient preparation when intravenous contrast medium for CT scan is needed:
 - i. You might have a light meal before your exam.
 - ii. If you have previous reaction to contrast medium, you may need to follow the instruction for steroid cover before CT scan.

Personal Belongings

1. Hong Kong ID card / travel document.
2. Please bring with you the request form and/or referral letter.
3. Please bring **previous reports / films / CD / DVD** for comparison if available.

Remarks

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^{11}C -Acetate 正電子電腦掃描檢查注意事項

一般資料

正電子掃描 (PET) 利用放射性物質偵測身體組織的代謝情況。結合電腦掃描技術 (CT)，正電子電腦掃描 (PET-CT) 能為病人提供結構及功能性資訊。

檢查須知

1. 掃描前 10 日不可以接受任何鋇餐造影檢查。
2. 掃描前請盡量多飲清水
3. 女性病人必須確定沒有懷孕。
4. 需接受電腦斷層掃描顯影劑病人的預備:
 - i. 於檢查前可以輕食。
 - ii. 如病人曾對顯影劑過敏，請依從指示預服防敏感藥物。

個人物品

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2. 請帶同醫生的轉介信 / 檢查表格。
3. 如有相關的**舊報告、影像舊片及光碟**請一併帶同。

備註

1. 如欲取消預約或改期，請於檢查日期前一天下午 **4 點正**前致電並通知本中心職員。若病人缺席檢查而未作預早通知，本中心保留向病人追討檢查藥物成本之權利。
2. 若於家中出現注射後併發症，請於辦公時間內致電 2153 9347。如併發症出現在辦公時間外，請向急症部門求助。

INSTRUCTION FOR ^{11}C -Acetate PET-CT

General Information

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Preparation

1. No Barium study for 10 days before PET examination.
2. Try to drink more water before the examination.
3. Female patient must not be pregnant.
4. Additional patient preparation when intravenous contrast medium for CT scan is needed:
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¹¹C-Acetate & FDG 正電子電腦掃描檢查注意事項

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檢查須知

1. 檢查當日**早上 8 時**前開始禁食 (包括糖果及香口膠)，可飲用清水。
2. 掃描前請盡量多飲清水。
3. 掃描前 24 小時用餐應輕怡，避免飲用或進食含咖啡因、酒精或尼古丁的產品。
4. 掃描前 24 小時不能運動或提取重物。
5. 掃描前 3 日請停止服用中藥，例如靈芝。
6. 掃描前 10 日不可以接受任何鋇餐造影檢查。
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INSTRUCTION FOR ^{11}C -Acetate & FDG PET-CT

General Information

Positron emission tomography (PET) uses a radioactive substance to show the metabolic activity of tissues whilst the computed tomography (CT) provides structural information.

Preparation

1. Fast from **8 a.m.** on the day of your appointment. No food, chewing gum and candies. Water is allowed.
2. Try to drink more water before the examination.
3. No caffeine, alcohol, nicotine products and low-carbohydrate diet 24 hours before exam.
4. No vigorous exercise or lifting heaving objects 24 hours before PET examination.
5. No Chinese medicine such as Lingzhi 3 days before PET examination.
6. No Barium study for 10 days before PET-CT examination.
7. For diabetic patients, do not take diabetes drugs or insulin injection during fasting and bring along the drugs to the clinic.
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